

FREQUENTLY ASKED QUESTIONS



People with pain, whether from a soft tissue injury, cartilage damage, or a more chronic condition such as osteoarthritis may find relief with Human Amniotic Fluid (AF) injections. An AF injection is an all-natural product that contains a potent concentration of growth factors, proteins, collagens, and cytokines, a natural scaffolding matrix. All of these natural components work together to encourage healing.

ABOUT AMNIOTIC FLUID INJECTIONS

Patients have reported reduced discomfort and repair for:

- ▶ **Spinal Injuries** | Neck pain, mid or lower back pain, sacroiliac joints
- ▶ **Joint Injuries** | Knees, hips, shoulders, elbows, ankles, wrists, fingers, toes
- ▶ **Soft Tissue Injuries** | Tennis elbow, golfer's elbow, plantar fasciitis, rotator cuff syndrome

▶ Why is an AF injection a better solution for patients?

- It is a natural, non-steroidal solution to reduce pain and inflammation.
- Helps promote the repair and rejuvenation of soft tissue, intra-articular injuries, cartilage, menisci, and joint injuries.

▶ Where does the AF injection come from?

An AF injection is a graft derived solely from pure amniotic fluid, obtained from an elective, full-term live cesarean section delivery. All donors provide consent and are screened per FDA/AATB guidelines.

▶ Does AF contain stem cells?

Although an AF injection contains an impressive array of regenerative factors, there are no live stem cells. The product is intended to enhance and enable your body to repair itself by recruiting your own cells to do the work.

WHAT TO EXPECT

▶ Is the AF injection painful?

There is minimal to no pain involved in the injection since it is introduced through a very small needle.

▶ Can I go back to my usual work or daily activities?

Typically you are able to return to work the same day. Your physician will instruct you on any restrictions based on your specific injury.

▶ What can I expect after having the AF injection?

Healing is unique to your injury and your body's recovery process, but the majority of patients can expect reduced inflammation within a few hours of the injection. While patients may experience immediate relief, the complete reparative process can take up to 12 weeks. You should follow your physician's instructions on returning to normal activities.

▶ Will insurance cover the cost of the AF injection?

No, insurance companies do not cover some of the newest technologies and more innovative treatment therapies such as this. You may pay cash or use your private Health Savings Account (HSA or FSA) dollars. We also partner with Health Finance Solutions (HFS) to offer a variety of loan options based on your qualifications.

▶ How many AF injections are needed?

The number of AF injections needed depends on the type and severity of your injury. Your physician will determine the number of injections you should receive and the best timeline.